



# TARLETON RUGBY UNION FOOTBALL CLUB POLICY

## Return to Play & Clubhouse Following Relaxation of COVID 19 Rules

This policy aims to support the Rugby Club and its members in safely and effectively using the Club, Clubhouse and Playing Areas as we return following Coronavirus Lockdown, imposed by the Government and the RFU. In providing this policy and its guidelines, members must not interpret its contents as an expression of medical advice from the Club surrounding Covid-19, nor does it supersede any rules imposed by the Govt or RFU.

This policy aims to provide members with safety measures being implemented by the Club for its members in order to commence pre-season training for all players of all ages and a return towards Clubhouse usage. The contents may be updated as more information is received and updates will be shared through the Clubs media channels.

### Scope

The guidelines contained herein apply to all members, players of any age, managers, parents and coaches attending the Club from the 4th July onwards to engage in playing/training activities.

Area	Guidance Note
<p><b>Clubhouse Entry</b></p>	<p>Where the Clubhouse is deemed necessary to be open, access will only be possible through the door to the left of the front main entrance. Other doors must remain closed. During use, this door will be propped open in order that safe passage can occur minimising frequent contact with handles to give all members access to:</p> <ul style="list-style-type: none"> <li>a) Male and Female toilets – it is envisaged that these doors will remain closed for privacy and on the basis that exit will be with clean/sanitised hands and as such afford safety. However the Club reiterates its encouragement to all, to regularly wash their hands thoroughly in compliance with Govt guidance.</li> <li>b) Hand sanitising dispensers that will be located in this area, clearly visible and replenished with hand sanitiser.</li> <li>c) It is the Club’s recommendation that when entering through the door all members avail themselves of the toilets to wash their hands and make use of the hand sanitising station before proceeding any further into the Clubhouse. Toilets and hand sanitising stations will be stocked with soap and hand sanitiser as applicable by our First Aid team</li> </ul>
<p><b>Hand Sanitisers</b></p>	<p>The Club is providing hand sanitising stations to be located in the following places:</p> <ul style="list-style-type: none"> <li>a) The entrance as described above and outside the main toilet area.</li> <li>b) Close to the food refectory.</li> <li>c) Close to the main clubhouse door</li> <li>d) Adjacent to the bar area. All locations will be highly visible as to what they are</li> </ul>

Area	Guidance Note
<b>Showers</b>	The Club will ensure all water provisions for both showering and hand washing are tested and treated to provide that they are in full working operation and have been tested to make certain they are Legionella free
<b>Food &amp; Beverage and Bar &amp; Bottle Bar Service Areas</b>	<p>To protect members and club volunteers, it is envisaged all serving areas will have the following:</p> <ul style="list-style-type: none"> <li>a) Safe distancing directional signs.</li> <li>b) Plastic screens/protection screens in place, or safe serving areas.</li> </ul> <p>The combination of these will assist the Club in reopening its service offering as lockdown eases, however this does not signify a complete return to normality as the opening of these facilities will be done only in strict adherence to Govt directives.</p> <p>Members will be advised of developments in these areas through our social media and website, so members are advised to keep up to date with these. This will ensure that messages made are consistent and originate from the Club.</p>
<b>Pre-Season &amp; Training at the Club</b>	<p>Prior to commencement of any training, whatever the age group, the responsible coaches and/or managers are required to record all attendees.</p> <p>The aim of this is to ensure that should any attendee present with symptoms as directed by the Govt then other members who may have been in close proximity can be informed. This will be facilitated in two ways specific to the age groups of the teams.:</p> <p><b>Mini's &amp; Juniors</b> - Team Managers and/or Coaches to record players, coaches and parents/guardians in attendance during the session.</p> <p><b>Seniors &amp; Colts</b> - Team Managers and/or Coaches to record the attendance of all players and coaches.</p> <p>Team Managers/Coaches are to send all records of attendance are to CoCOVID Coordinator Simon Martindale following each training session so the club has accurate records centrally for reporting and monitoring purposes</p>
<b>Out on the Pitch</b>	<p>Whilst training and as we get back towards training in groups larger than the current permitted number of 6, with social distancing measures in place:</p> <ul style="list-style-type: none"> <li>a) Groups of no more than 6 shall operate and shall observe social distancing measures.</li> <li>b) Where there are groups of greater than 6 these must operate in pods of 6 spread out around the Club pitch areas.</li> </ul>

Area	Guidance Note
	<p><b>c)</b> No Club matchday water bottles will be provided. All bottles must be brought by the player and only used by that player.</p> <p><b>d)</b> When rugby balls are used for training, and assuming safe distancing rules are not breached, ball sanitising facilities will be available to coaches and managers. When finished any balls and hand sanitiser used, must be returned and stored within the Clubhouse.</p>
<p><b>Reporting</b></p>	<p>It is the responsibility of any players, coaches, team managers, volunteers or parents/guardians who experience symptoms of COVID.</p> <p>You must report your/your child symptoms if you have attended the club within 14 days of coming down with the symptoms.</p> <p><b>Minis, Juniors &amp; Colts</b> - COVID symptoms are to be reported to the Team Manager and or Coach and to club COVID Coordinator Simon Martindale</p> <p><b>Senior Players</b> - COVID symptoms are to be reported to the Head Coach and club COVID Coordinator Simon Martindale.</p> <p><b>Team Managers, Coaches and Volunteers</b> – COVID symptoms are to be reported to club COVID Coordinator Simon Martindale.</p> <p>Action taken by the club following the report of COVID symptoms will be done in accordance with the UK Govt and RFU guidelines.</p>